

## Biryani

Cooked with pilau rice and served with a medium, madras, vindaloo or phall vegetable curry

Vegetable .....	£8.50
Mushroom .....	£8.50
Chicken .....	£9.25
Lamb .....	£9.25
Prawn .....	£9.95
King Prawn .....	£10.50
Chicken Tikka .....	£10.50
Lamb Tikka .....	£10.50

## Vegetarian Side Dishes

Fragrant and delicious vegetarian dishes that compliment any Indian meal

Mixed Vegetable Curry .....	£5.50
Mixed Vegetable Korma .....	£5.50
Mixed Vegetable Madras .....	£5.50
Mushroom Bhajee .....	£5.50
Bhindi Bhajee <i>Okra</i> .....	£5.50
Brinjal Bhajee <i>Aubergine</i> .....	£5.50
Cauliflower Bhajee .....	£5.50
Sag Bhajee <i>Spinach</i> .....	£5.50
Bombay Aloo <i>Potatoes</i> .....	£5.50
Chana Massala <i>Chick Peas</i> .....	£5.50
Tarka Dall <i>With Garlic</i> .....	£5.50
Sag Paneer <i>Spinach and Cheese</i> .....	£6.75
Mutter Paneer <i>Peas and Cheese</i> .....	£7.25
Paneer Tikka Masala .....	£7.25
<i>Paneer cooked in Masala, ground cashew nuts and cream</i>	
Vegetable Special <i>Cooked with Spinach</i> .....	£7.25
Vegetable Massala <i>Cooked with cashew nuts and cream</i> .....	£7.25
Sag Aloo <i>Spinach and Potatoes</i> .....	£6.75
Aloo Gobi <i>Potatoes and Cauliflower</i> .....	£6.75
Vegetables Methi .....	£7.25
<i>Cooked with fengreek, chilli &amp; coriander</i>	
Vegetable Jalfrezi .....	£7.25
<i>Cooked with capsicum &amp; onions, served either hot or very hot</i>	

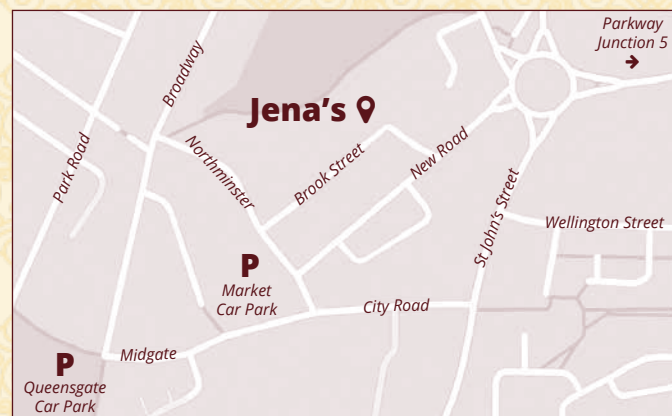
**All major payment cards accepted**

## Sundries

Side dishes & sundries to accompany any of your main dishes

Naan <i>Leavened Bread cooked in the Tandoor</i> .....	£2.10
Garlic Naan <i>Naan and fresh garlic on top</i> .....	£2.95
Peshwari Naan .....	£3.25
<i>Stuffed with vegetables &amp; covered with cashew nuts</i>	
Keema Naan .....	£3.25
<i>Stuffed &amp; covered with minced Lamb</i>	
Kulcha Naan <i>Stuffed with spiced potato</i> .....	£2.95
Paratha .....	£2.75
Stuffed Paratha <i>Stuffed with vegetables</i> .....	£3.50
Roti <i>Chappati</i> .....	£2.00
Tandoori Roti <i>Cooked in Charcoal oven</i> .....	£2.25
Boiled Rice <i>Basmati</i> .....	£2.55
Pillau Rice <i>Basmati</i> .....	£2.75
Mushroom Rice .....	£3.30
Papadum <i>Plain or Spicy</i> .....	£0.65
Lime/Mango Pickle .....	£0.65
Chutney (individual) .....	£0.65
Chutney Tray .....	£2.00

## Where to find us



☎ 01733 31 31 17 🌐 [just-eat.co.uk](http://just-eat.co.uk)

📍 35 Brook Street, Peterborough PE1 1TU

# Jena's

## tandoori

## Take Away Menu

**Open Six Day A Week**  
**Tuesday – Sunday**  
**6pm – 11pm**

☎ 01733 31 31 17

🌐 [jenas.co.uk](http://jenas.co.uk)

📍 35 Brook Street,  
 Peterborough PE1 1TU

## FREE DELIVERY

*Peterborough Only (Min Order £15.00)*

## Starters

Why not kick off your dinner with our selection of delicious starters

<b>Tandoori Chicken</b> .....	Half £6.25/Full £/11.50
<i>Tender Chicken prepared with mild spices cooked in Tandoori charcoal oven. Comes in half two pieces and full four pieces</i>	
<b>Chicken Tikka</b> .....	£8.50
<i>Boneless Chicken pieces flavoured with mild spices &amp; cooked in Tandoori oven</i>	
<b>Shashlick</b> .....	£8.50
<i>Chicken pieces flavoured with special spices &amp; cooked with onions, capsicum &amp; tomatoes</i>	
<b>Lamb Tikka</b> .....	£8.50
<i>Pieces of Lamb, medium spiced skewered &amp; cooked in the Tandoori oven</i>	
<b>Tandoori Mixed Grill</b> .....	£11.50
<i>Tandoori Chicken, Chicken Tikka, Lamb Tikka &amp; Sheek Kebab cooked in Tandoori charcoal oven</i>	
<b>Sheek Kebab</b> .....	£8.50
<i>Minced Lamb, mixed with various spices &amp; cooked in the Tandoori charcoal oven</i>	
<b>Hasina</b> .....	£8.50
<i>Tender Lamb pieces marinated in yoghurt &amp; cooked with capsicum, tomatoes &amp; onions</i>	
<b>Onion Bhajee</b> .....	£3.75
<b>Meat Samosa</b> .....	£3.75

## Chef's Specialities

Our Chef Specialities offers a variety of delicious meat and vegetable dishes to suit everyone

<b>Nepalese Murgh Massala</b> .....	£10.50
<i>Tandoor Barbecued Chicken on the bone, cooked in a special sauce</i>	
<b>Nepalese Meat Massala</b> .....	£8.95
<i>Lamb cooked with cashew nuts and cream in special sauce</i>	
<b>Methi Goshti</b> .....	£7.95
<i>Lamb cooked with fenugreek, chilli and coriander</i>	
<b>Tandoori Butter Chicken</b> .....	£9.95
<i>Chicken on the bone covered in mixed spices and butter, served medium/ madras/vindaloo</i>	
<b>Chicken Tikka Massala</b> .....	£8.95
<i>Tandoori barbecued Chicken Tikka, cooked in a special massala sauce with cashew nuts and cream</i>	
<b>Lamb Pasanda</b> .....	£8.95
<i>Tandoor barbecued Lamb Tikka, cooked in a special sauce with cashews and cream</i>	
<b>Chicken Pasanda</b> .....	£8.95
<i>Tandoor barbecued Chicken Tikka, cooked in a special sauce with cashew nuts and cream</i>	
<b>Karai Goth</b> .....	£7.95
<i>Medium Lamb, cooked in a wok with fresh chilli and coriander</i>	

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<b>Karai Chicken</b> .....	£7.95
<i>Medium Chicken, cooked in a wok with fresh chilli and coriander</i>	
<b>Chicken Jalfrezi</b> .....	£8.95
<i>Cooked in yoghurt with capsicum and onion served hot or very hot</i>	
<b>Begum Bahar</b> .....	£8.95
<i>Medium Chicken covered with minced Lamb</i>	
<b>Shahi Korma</b> .....	£7.95
<i>Lamb cooked in a mild sauce with fruits</i>	
<b>Lamb Tikka Karai</b> .....	£8.95
<i>Tandoor barbecued Lamb, cooked in a wok with special spices</i>	
<b>Chicken Tikka Karai</b> .....	£8.95
<i>Tandoor barbecued chicken, cooked in a wok with special spices</i>	
<b>Chicken/Lamb Tikka Sag</b> .....	£8.95
<i>Tandoor barbecued Chicken or Lamb, cooked in a wok with spinach (medium/madras/vindaloo)</i>	
<b>Tandoori Butter Chicken</b> .....	£9.95
<i>(Dry fried) Tandoori Chicken cooked in spicy sauce</i>	
<b>Chicken Tikka Jalfrezi</b> .....	£8.95
<i>Tandoor barbecued Chicken, cooked in yoghurt with capsicum and onion, served hot or very hot</i>	
<b>Lamb Tikka Jalfrezi</b> .....	£8.95
<i>Tandoor barbecued Lamb, cooked in yoghurt with capsicum &amp; onion, served hot or very hot</i>	

## Chicken Dishes

Take your pick from our selection, from mild and cream in to hot and spicy, all made with fresh succulent chicken breast

<b>Chicken Curry Medium</b> .....	£7.25
<b>Chicken Korma Mild</b> .....	£7.95
<b>Chicken Madras Hot</b> .....	£7.95
<b>Chicken Phall Extremely Hot</b> .....	£7.95
<b>Chicken Kalia Mild and highly spiced</b> .....	£7.95
<b>Sag Chicken Medium with spinach</b> .....	£7.95
<b>Bhuna Chicken Medium in thick gravy</b> .....	£7.95
<b>Chicken Dopeaza Medium with onions</b> .....	£7.95
<b>Chicken Dhansak Hot, sweet &amp; sour with lentil</b> .....	£7.95
<b>Rogon Chicken Medium with tomatoes</b> .....	£7.25
<b>Chicken Pathia</b> .....	£7.95

## Meat Dishes

Tandoor cooked Lamb served with our special home made sauces

<b>Meat Curry Medium</b> .....	£7.25
<b>Meat Korma Mild</b> .....	£7.95
<b>Meat Madras Hot</b> .....	£7.95
<b>Meat Vindaloo Very Hot</b> .....	£7.95
<b>Meat Phall Extremely Hot</b> .....	£7.95
<b>Sag Goth Medium with spinach</b> .....	£7.95
<b>Meat Kalia Mild and lightly spiced</b> .....	£7.95
<b>Bhuna Goth Medium in thick gravy</b> .....	£7.95
<b>Rogon Josh Medium with tomatoes</b> .....	£7.95
<b>Meat Dopeaza Medium with laced onions</b> .....	£7.95
<b>Meat Dhansak Hot, sweet and sour with lentils</b> .....	£7.95
<b>Keema Curry Medium minced lamb</b> .....	£7.95
<b>Keema Mutter Minced lamb cooked medium with peas</b> .....	£7.95
<b>Keema Bhuna Minced lamb cooked in thick gravy - medium</b> .....	£7.95

## Prawn Dishes

Shelled prawns cooked in the chef's special sauce

<b>Prawn Curry Medium</b> .....	£6.95
<b>Prawn Korma Mild</b> .....	£6.95
<b>Prawn Madras Hot</b> .....	£6.95
<b>Prawn Vindaloo Very Hot</b> .....	£6.95
<b>Prawn Phall Extremely Hot</b> .....	£6.95
<b>Prawn Sag Medium with Spinach</b> .....	£7.25
<b>Bhuna Prawn Cooked medium in a thick gravy</b> .....	£7.25
<b>Prawn Dhansak Hot, sweet &amp; sour with Lentils</b> .....	£7.25
<b>Prawn Pathia Hot, sweet &amp; sour and highly spiced</b> .....	£7.25
<b>King Prawn Curry Medium</b> .....	£9.95
<b>King Prawn Korma Mild</b> .....	£9.95
<b>King Prawn Madras Hot</b> .....	£9.95
<b>King Prawn Vindaloo Very Hot</b> .....	£9.95
<b>King Prawn Phall Extremely Hot</b> .....	£9.95
<b>King Prawn Sag Medium with Spinach</b> .....	£10.25
<b>King Prawn Bhuna Mixed with thick sauce</b> .....	£10.25
<b>King Prawn Dhansak Hot, sweet &amp; sour with Lentils</b> .....	£10.25
<b>King Prawn Pathia Hot, sweet &amp; sour and highly spiced</b> .....	£10.25
<b>King Prawn Jalfrezi Hot with onion, capsicum in yoghurt</b> .....	£10.25